

## **PRACTICE I: INCULCATING VALUE EDUCATION**

### **OBJECTIVE:**

Foremost objective of this practice is to impregnate value education to the students which has now become mandatory for the higher education institute.

### **Context:**

The purpose of values-based education is to make the student work with the right attitude and standards to face the outside world. Now, in digital era, students are completely dissolved inside the social media. Students become narrow minded thus completely forgetting the word "humanity". In order to change the personality and character of the students and bring out a positive change in students mind, value education has been taught.

### **Practice:**

Apart from the curriculum, value education classes were taken to the students regarding social values, human values, national integrity, family and friends bonding, community development etc., Yoga day, Human Rights Day and other universal days were celebrated in our college. All the second-year students actively participated in the program and got benefitted. Resource persons from nearby institutes and departments were invited to deliver special lecture to the students. Students were taken to nearby orphanage, old age home witness the humanity. By visiting the centers, they can be changed or dwelled to cultivate the value education in their minds.

### **Evidence of Success:**

All the students were exposed to various lectures regarding value education by inviting eminent persons to college. Students were taken to various places where they got adequate knowledge regarding value education. We celebrated yoga day in our college.

### **Problems Encountered:**

1. Due to mushroom growth of social media and entertainment, reach of value education into their minds were found to be difficult.
2. Practical implication of value education inside the curriculum is lacking.

## PRACTICE II: HERBAL GARDEN

### **Objective:**

Our aim to educate the students, teachers and local community on the medicinal values of plants around them while paving way for their protection. Besides, creating awareness about the medicinal values of the herbs, information on a plant, highlighting its herbal properties and how it can be used as a medicine, will be imparted to the students and the teachers either through announcements or at school assemblies every week.

### **Context :**

Nowadays, students are lacking the information about importance of plants and medicinal value of the plants to treat various ailments. In recent days, peoples are affected by common ailments such as common cold, fever, skin diseases, diarrhea, body pain etc. In order to avoid allopathy drugs for these common ailments, herbal plants can be used to treat the ailments without any side effects. In this context, in order to create awareness regarding herbal garden to the students and local community, we created a herbal garden in our college.

### **Practice:**

Herbal garden was established in our college to popularize the usefulness of commonly available and frequently used herbal plants and to conserve the associated traditional knowledge. 40 plants were cultivated in the garden and they were all maintained by students itself. One hour per week is allotted for the students to visit the herbal garden. During the free hours also, students visit the herbal garden and involve in nurturing the saplings.

### **Evidence of Success:**

Own your plant scheme was flanked in the college in which students completely took care of the plant saplings. Each department were allotted specific areas in the garden to take care of the plants. Interestingly, on their birthday, students plant herbal saplings, and they adopt the plant by nurturing the saplings with due care. We also invited local community persons to the garden and disseminate the importance of the herbal garden to them and urge them to cultivate similar type of garden in their houses itself. We also teach them the preparation of medicinal drugs regarding the plant selection, mode of intake and parts which must be used. 65 students planted the saplings in Own your Plant Scheme and all the students started growing herbal garden in their respective houses.

### **Problems Encountered**

1. During the vacations, it gets difficult to maintain the herbal garden.
2. Attack of Diseases to the plants.
3. Inadequate exposure regarding traditional medicines.